

BOW VALLEY PARKS TRAILS

DATE: 2011-2012 Winter Season (Issued January 7, 2012)

MOUNTAIN BIKE/ HIKING TRAILS	DRY	MUDDY / WET	SNOW	COMMENTS
Bow Valley Bike Path			x	
Jewell Pass			x	
Prairie View			x	
Quaite Valley			x	
Skogan Pass			x	
DAY HIKES	DRY	MUDDY / WET	SNOW	
Barrier Lake Forestry Interp			x	
Barrier Lake Interpretive			x	
Bow River Interpretive			x	Park road closed west of Middle Lake
Centennial Ridge Trail			x	
Elk Flats			x	Park road closed west of Middle Lake
Flowing Water Interpretive			x	
Grassi Lakes			x	Very icy - not recommended
Grotto Creek Trail			x	
Heart Creek Interpretive			x	
Heart Mountain			x	
Many Springs Interpretive			x	Park road closed west of Middle Lake
Middle Lake Interpretive			x	
Montane Interpretive			x	
Moraine Interpretive			x	Park road closed west of Middle Lake
Widowmaker Trail			x	
BACKCOUNTRY CAMPGROUNDS	DRY	MUDDY / WET	SNOW	
Jewell Bay			x	
Quaite Valley			x	
HORSE, BIKE & HIKING TRAILS	DRY	MUDDY / WET	SNOW	
Stoney Trail			x	

Comments:

Note: As of Jan. 7th, trails above Canmore, in particular the Grassi Lakes Trail, are currently VERY icy. Due to the prevalence of Chinooks in the area, this is often the best location for winter season walking; however, these winds can create extremely variable conditions. On any given day, expect to encounter snow-covered sections, sometimes with very deep drifts, very icy sections and occasionally even standing water. Furthermore, since these trails are not regularly maintained during the winter there may be numerous natural hazards, including fallen trees, so caution is advised. Please call the Barrier Lake Visitor Centre for information on recent closures. If heading into the backcountry, please ensure you are well prepared and consult the backcountry avalanche report at: www.kananaskis-country.ca

Goat Creek Trail: Repair work on the Spray River Bridge has been completed, and the trail has re-opened to the public.

Seasonal Closures: Wind Ridge: Closed December 1st to June 15th; Pigeon Mountain: Closed December 1st to June 15th; Mt. Allan/Centennial Ridge Trail: Closed April 1st to June 21st ; Stoney Trail: Portion Closed April 15th to June 15th; Jewell Bay Backcountry Campground: Closed April 15th to June 15th.

Visitor Centre Hours: The Barrier Lake Visitor Information Centre is open Wednesday through Friday from 9:30 am to 4:00 pm, and Saturday through Monday from 8:30 am to 4:30 pm. The centre is closed on Tuesdays. Please note that these hours are subject to change. For additional information, please call the centre at (403) 673-3985.