

# SUMMER EVENTS 2009

## Canmore Nordic Centre Provincial Park



### Summer 2009 Event Calendar

April 25	Rocky Mountain Soap Womens' Run	<a href="http://www.rmswomensrun.com">www.rmswomensrun.com</a>
May 1-10	Trail Building Workshop	call 403.678.2400
May 9	Orienteering: Permanent Course Grand Opening Event	<a href="http://www.barebones.ca/canmore">www.barebones.ca/canmore</a>
May 16-17	Big Bear Disc Golf Tournament	<a href="http://www.albertadiscgolf.com">www.albertadiscgolf.com</a>
June 6-7	Iron Lung Alberta Cup Mountain Bike Race	<a href="http://www.cyclemeisters.com">www.cyclemeisters.com</a>
June 12-14	Canmore Trails Weekend	call 403.678.2400
June 13	Canadian Mountain Running Championship	<a href="http://www.mountainrunning.ca">www.mountainrunning.ca</a>
June 20	Canada Cup Mountain Bike Race	<a href="http://www.cause.ca">www.cause.ca</a>
July 12	Orienteering: Permanent Course Summer Map Launch Event	<a href="http://www.barebones.ca/canmore">www.barebones.ca/canmore</a>
July 18	Tri-It Canmore Triathlon	<a href="http://www.trainingandracing.com/raceseries">www.trainingandracing.com/raceseries</a>
July 19	Parks Day	<a href="http://www.Kananaskis-Country.ca">www.Kananaskis-Country.ca</a>
July 25-26	24 Hours of Adrenalin	<a href="http://www.24hoursofadrenalin.com">www.24hoursofadrenalin.com</a>
August 8	Highline Trail Launch	call 403.678.2400
August 23	Xterra Off-Road Triathlon and Duathlon	<a href="http://www.trainingandracing.com/raceseries">www.trainingandracing.com/raceseries</a>
September 7	Barebones Orienteering	<a href="http://www.barebones.ca">www.barebones.ca</a>
September 12	5 Peaks Trail Running Race	<a href="http://www.5peaks.com">www.5peaks.com</a>
October 3	Mountain Bike Orienteering	<a href="http://www.barebones.ca/canmore">www.barebones.ca/canmore</a>
October 4	XTerra Trail Running Relay	<a href="http://www.trainingandracing.com/raceseries">www.trainingandracing.com/raceseries</a>

**Midweek Madness!** Call 403.678.2400 for more information on the Wednesday evening multi sport race series.

*\*All events are subject to change. Please confirm with the Canmore Nordic Centre Provincial Park or event organizers prior to the event.*